

Lesson 95

Purpose: To encourage students to examine their likes and dislikes as they learn self-honesty.

Materials Needed Pencils; crayons

Materials Provided Activity Sheet 95-5-3

Procedure

Say We are learning how to be honest with ourselves. Remember that self-honesty means telling yourself the truth about you and things that happen to you. Before you can be truly honest with yourself you should get to know yourself, learn as much about you as you can.

Today we are going to do an activity sheet to learn more about ourselves by examining some of our favorite things. We all have favorites but no two of us are alike, so we don't all have the same likes and dislikes.

What are some of the things you like best? (*Allow time for responses.*) What are some of the things you don't like? (*Allow time for responses.*)

Teacher *Distribute Activity Sheet 95-5-3. Help students with spelling if necessary. They may draw examples instead. These sheets may be colored and collected for another page in the booklet on self-honesty.*

