

## Checklist items (V3, 78 items)

- 1 Can accept constructive criticism without anger
- 2 Admits mistakes
- 3 Avoids drinking alcohol
- 4 Avoids smoking cigarettes (or using other forms of tobacco)
- 5 Avoids using drugs like marijuana or cocaine
- 6 Blames others for mistakes
- 7 Brushes teeth regularly
- 8 **Bullies other kids**
- 9 Can Keep him/herself occupied when appropriate
- 10 **Cheats on tests or copies others' work**
- 11 Complements others
- 12 **Confused thinking**
- 13 Considerate of feelings of others
- 14 Controls feelings
- 15 Copes well with failure
- 16 **Daydreams or gets lost in thoughts**
- 17 **Destroys things belonging to others**
- 18 **Disruptive in class**
- 19 Does his/her homework
- 20 **Does not feel guilty after doing wrong**
- 21 Does tasks asked of him/her
- 22 **Drinks (or may drink) alcohol**
- 23 **Drinks too much pop/soda**
- 24 **Eats lots of fast/junk food**
- 25 Eats plenty of fresh fruits and vegetables
- 26 Feels bad about self when does bad things
- 27 Feels good about self when does good things
- 28 **Feels worthless or inferior**
- 29 Generally feels good about self
- 30 **Gets into lots of fights**
- 31 Gets plenty of physical exercise
- 32 Good decision maker
- 33 Good personal hygiene
- 34 Good self control
- 35 Has positive self-concept or high self-esteem
- 36 Has good work habits
- 37 Has courage to try new things
- 38 Helps others when they need it
- 39 Honest with self, tells him/herself the truth
- 40 **Impulsive, acts without thinking**
- 41 Is in charge of what he/she does
- 42 Keeps promises
- 43 Keeps trying something until s/he succeeds
- 44 Knows how to compromise
- 45 Knows strengths and weaknesses

### Factor

5-p To score:

5-p

2d

2d

2d Unit

5-n #

2p-p 1

3v 2p

3r 2i

5-n 2d

4c 3c

2i-n 3v

4c 4c

3c 5-p

6 6

2i-n

3d

3d

2is

1-n

3r

2d Unit

2p-n #

2p-n 1-p

2p-p 1-n

1-p 2p-p

1-p 2p-n

1-n 2i-n

1-p 2id

3v 2is

2p-p 2d

2id 3c

2p-p 3d

3c 3r

1-p 3v

3r 4c

6 4r

4c 4s

5-p 5-p

3d 5-n

3r 6

5-p

6

4c

5-p

**1 Reverse code negative items by subtracting the score from 4.**

**Do this for the items in red on the left**

**2 Take the average of the items listed below for each unit score**

Factor	Scoring
<b>Self-concept</b>	The average of items 20, 26, 27, 28, 29, 35, 75 & 76.
<b>Physical -- positive</b>	Av items 7, 23, 24, 25, 31, 33.
<b>Intellectual -- School</b>	Av 12, 16, 19, 32, 49, 53, 57, 66, 78.
<b>Drug use</b>	Av 3, 4, 5, 22, 65, 77.
<b>Self control</b>	Av 9, 14, 17, 18, 21, 34, 36, 40, 41, 50, 55, 56, 58.
<b>Violence</b>	Av 8, 30, 59, 69, 71.
<b>Considerate</b>	Av 11, 13, 38, 44, 47, 48, 51, 52, 60, 61, 62, 63, 70, 72, 73.
<b>Honesty -- positive</b>	Av 1, 2, 6, 10, 39, 42, 45, 46, 54, 67, 68.
<b>Self Development</b>	Av 15, 37, 43, 64, 74.

Taking the average of items means that all scores are on the same 1-3 scale

Negative items are "reversed" (by subtracting from 4) so that higher scores always mean better behavior.

**A more complex scoring scheme is as follows**

After reverse coding:

Factor	Scoring
<b>Self-concept -- positive</b>	The average of items 26, 27, 29, 35.
<b>Self-concept -- negative</b>	The average of items 20, 28, 75, 76.
<b>Physical -- positive</b>	Av items 7, 25, 31, 33.
<b>Physical -- negative</b>	Av of items 23, 24.
<b>Intellectual -- negative</b>	Av 12, 16.
<b>Intellectual -- Decision making</b>	Av items 32, 53, 66.
<b>Intellectual -- School</b>	Av 19, 49, 57, 78.
<b>Drug use</b>	Av 3, 4, 5, 22, 65, 77.
<b>Self control</b>	Av 14, 34, 55, 56.
<b>Disruptive</b>	Av 17, 18, 40.
<b>Responsibility</b>	Av 9, 21, 36, 41, 50, 58.
<b>Violence</b>	Av 8, 30, 59, 69, 71.
<b>Considerate</b>	Av 11, 13, 38, 44, 52, 70.
<b>Respect</b>	Av 60, 61, 62, 63, 72, 73.
<b>Sociability</b>	Av 47, 48, 51.
<b>Honesty -- positive</b>	Av 1, 2, 39, 42, 45, 68.
<b>Honesty -- negative</b>	Av 6, 10, 46, 54, 67.
<b>Self Development</b>	Av 15, 37, 43, 64, 74.

46	Lies	5-n	
47	Likes to be with parents	4s	
48	Likes to be with teachers	4s	
49	Likes to do well in school	2is	
50	Likes to do what adults want him/her to do	3r	
51	Likes to spend time with peers	4s	
52	Listens while others are speaking	4c	
53	Makes good choices	2id	
54	Makes excuses	5-n	
55	Manages/uses time wisely	3c	
56	Manages/uses energy wisely	3c	
57	Motivated to learn	2is	
58	Obeys school rules	3r	
59	Physically hurts others	3v	
60	Respects other kids	4r	
61	Respects adults	4r	
62	Says things to hurt others' feelings	4r	
63	Sensitive to others' needs	4r	
64	Sets goals for themselves	6	
65	Smokes (or may smoke) cigarettes (or use other forms of tobacco)	2d	
66	Solves problems well	2id	
67	Takes things that don't belong to them	5-n	
68	Takes responsibility for own actions	5-p	
69	Teases others a lot	3v	
70	Thinks about how others feel	4c	
71	Threatens others	3v	
72	Tolerant of differences in others	4r	
73	Treats others the way they like to be treated	4crs	Loads on all 3 Unit 4 factors
74	Tries to be their best	6	
75	Unhappy, sad, depressed	1-n	
76	Withdrawn, shy, timid	1-n	
77	Use drugs like marijuana or cocaine	2d	
78	Works hard in school	2is	