Skills for Greatness Survey—Child

Directions: Below is a list of items that describe children and youth. For each item that describes **you**, please circle ***2*** if the item is ***very true*** or ***often true*** of you, ***1*** if the item is ***somewhat*** or ***sometimes true*** of you, or ***0*** if the item is ***not true*** of you.

0 = Not True 1 = Somewhat or Sometimes True 2 = Very True or Often True

1. I see the good in other people 0 1 2
2. I exercise or am active in healthy ways 0 1 2
3. I manage what I do 0 1 2
4. I show appreciation for other people 0 1 2
5. I have learned that there is a positive way to do everything 0 1 2
6. I make good decisions 0 1 2
7. I manage my feelings (love, anger, worry, jealousy, pride, fear, loneliness, discouragement, thankfulness) 0 1 2
8. I get enough sleep and rest 0 1 2
9. I don't blame others for my mistakes 0 1 2
10. I stay neat and clean in my appearance 0 1 2
11. I am motivated to learn new things 0 1 2
12. I avoid bullying 0 1 2
13. I set goals for my learning 0 1 2
14. I manage my time well 0 1 2
15. I set goals for my physical development 0 1 2
16. I am in touch with reality (how things really are) 0 1 2
17. I eat healthy food 0 1 2
18. I expand my views beyond what I see or know 0 1 2
19. I don't make excuses for myself 0 1 2
20. I say nice things to other people 0 1 2
21. I have the courage to try things 0 1 2
22. I make good choices 0 1 2
23. I manage my talents and abilities 0 1 2
24. I show respect for other people 0 1 2
25. I know my strengths and weaknesses 0 1 2
26. I manage my money well 0 1 2
27. I show empathy (understanding people's feelings) 0 1 2
28. I turn problems into opportunities to learn and grow 0 1 2
29. I refuse to make choices that would abuse my body (food, substances, etc.) 0 1 2
30. I treat others the way I want to be treated 0 1 2
31. I show fairness to other people 0 1 2
32. I avoid illnesses 0 1 2
33. I have learned to feel good about myself by doing positive actions 0 1 2
34. I manage how I think 0 1 2
35. I am able to solve problems well 0 1 2
36. I have good thinking skills 0 1 2
37. I tell others the truth 0 1 2
38. I take care of my possessions 0 1 2
39. I believe in my potential (ability to do things) 0 1 2
40. I avoid harmful substances such as drugs or alcohol 0 1 2
41. I understand the relationship between positive thoughts, actions, and feelings 0 1 2
42. I am honest with myself 0 1 2
43. I manage my energy well 0 1 2
44. I cooperate with other people 0 1 2
45. I continue to try even when things are hard 0 1 2
46. I have good study habits 0 1 2
47. I refuse to give reasons for my behavior that sound good but aren't really true 0 1 2
48. I take good care of my teeth 0 1 2
49. I show kindness to others 0 1 2
50. I set social and emotional goals for myself 0 1 2

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