

Skills for Greatness Survey—Youth

Directions: Below is a list of items that describe children and youth. For each item that describes **you**, please circle **2** if the item is **very true** or **often true** of you, **1** if the item is **somewhat** or **sometimes true** of you, or **0** if the item is **not true** of you.

0 = Not True	1 = Somewhat or Sometimes True	2 = Very True or Often True
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| <p>1. I see the good in other people 0 1 2</p> <p>2. I exercise or am active in healthy ways 0 1 2</p> <p>3. I manage what I do 0 1 2</p> <p>4. I show appreciation for other people 0 1 2</p> <p>5. I have learned that there is a positive way to do everything 0 1 2</p> <p>6. I make good decisions 0 1 2</p> <p>7. I manage my feelings (love, anger, worry, jealousy, pride, fear, loneliness, discouragement, thankfulness) 0 1 2</p> <p>8. I get enough sleep and rest 0 1 2</p> <p>9. I don't blame others for my mistakes 0 1 2</p> <p>10. I stay neat and clean in my appearance 0 1 2</p> <p>11. I am motivated to learn new things 0 1 2</p> <p>12. I avoid bullying 0 1 2</p> <p>13. I set goals for my learning 0 1 2</p> <p>14. I manage my time well 0 1 2</p> <p>15. I set goals for my physical development 0 1 2</p> <p>16. I am in touch with reality (how things really are) 0 1 2</p> <p>17. I eat healthy food 0 1 2</p> <p>18. I expand my views beyond what I see or know 0 1 2</p> <p>19. I don't make excuses for myself 0 1 2</p> <p>20. I say nice things to other people 0 1 2</p> <p>21. I have the courage to try things 0 1 2</p> <p>22. I make good choices 0 1 2</p> <p>23. I manage my talents and abilities 0 1 2</p> <p>24. I show respect for other people 0 1 2</p> <p>25. I know my strengths and weaknesses 0 1 2</p> <p>26. I manage my money well 0 1 2</p> | | <p>27. I show empathy (understanding people's feelings) 0 1 2</p> <p>28. I turn problems into opportunities to learn and grow 0 1 2</p> <p>29. I refuse to make choices that would abuse my body (food, substances, etc.) 0 1 2</p> <p>30. I treat others the way I want to be treated 0 1 2</p> <p>31. I show fairness to other people 0 1 2</p> <p>32. I avoid illnesses 0 1 2</p> <p>33. I have learned to feel good about myself by doing positive actions 0 1 2</p> <p>34. I manage how I think 0 1 2</p> <p>35. I am able to solve problems well 0 1 2</p> <p>36. I have good thinking skills 0 1 2</p> <p>37. I tell others the truth 0 1 2</p> <p>38. I take care of my possessions 0 1 2</p> <p>39. I believe in my potential (ability to do things) 0 1 2</p> <p>40. I avoid harmful substances such as drugs or alcohol 0 1 2</p> <p>41. I understand the relationship between positive thoughts, actions, and feelings 0 1 2</p> <p>42. I am honest with myself 0 1 2</p> <p>43. I manage my energy well 0 1 2</p> <p>44. I cooperate with other people 0 1 2</p> <p>45. I continue to try even when things are hard 0 1 2</p> <p>46. I have good study habits 0 1 2</p> <p>47. I refuse to give reasons for my behavior that sound good but aren't really true 0 1 2</p> <p>48. I take good care of my teeth 0 1 2</p> <p>49. I show kindness to others 0 1 2</p> <p>50. I set social and emotional goals for myself 0 1 2</p> |
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