

POSITIVE ACTION^â
UPPER ELEMENTARY STUDENT SURVEY
(Suitable for grades 3-5 and higher)

This survey is best administered by reading it aloud to the whole classroom. It will take 40-50 minutes for most classes, less for higher grades. Many special education students can complete this survey, though they may need some help or more time.

Someone other than the regular teacher should administer the survey. This is to ensure that students feel confident that their answers are confidential – that not even their teacher(s) will see them.

In many cases, two people will be required to administer the survey, one to read it aloud, and one to proctor. The proctor should move around the classroom and make sure that every student appears to understand the instructions and the wording of each item, and is filling in their answers correctly (that is completely filling in the bubbles without making extraneous marks elsewhere on the survey).

Note that it is the responsibility of the School or School District to ensure that all regulations regarding obtaining informed consent of parents for student participation in surveys are followed. Generally, these require informing parents of the survey and its content, and allowing them at least two weeks to deny or give permission for their child's participation. Whether or not signed permission is required depends on the content of the survey, State or local law, and School District or School policies. **The student assent form must be distributed, read and signed before students complete this survey.**


Upon completion, surveys should be collected and placed into a sealed envelope (separate from the signed assent forms) and taken away by the survey administrator(s).

This is NOT a test. There are no right or wrong answers. We are interested in your opinions and feelings.

Please answer each question as honestly as you can.

Please use a black or dark blue ballpoint pen to carefully and completely fill in the circle for the answer that is best for you.

Completely and neatly darken the ovals. Like this: ● Not like this ●

If you make a mistake, to change your answer, cross out the wrong choice like this:  and then darken the correct one.

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Your ID number or code: _____

A. HOW MUCH OF THE <u>TIME</u> DO YOU?	NONE of the time	SOME of the time	MOST of the time	ALL of the time
1. Keep yourself clean.	①	②	③	④
2. Make good choices.	①	②	③	④
3. Take care of your belongings.	①	②	③	④
4. Do your homework..	①	②	③	④
5. Be a good friend to others.	①	②	③	④
6. Blame others for your mistakes.	①	②	③	④
7. Make yourself a better person.	①	②	③	④
8. Feel good when you do good things.	①	②	③	④
9. Choose to eat fresh fruits and vegetables.	①	②	③	④
10. Work hard in school.	①	②	③	④
11. Like to be with your friends.	①	②	③	④
12. Make good decisions.	①	②	③	④
13. Do your chores.	①	②	③	④
14. Do your own work.	①	②	③	④
15. Like to do what your parents want you to do.	①	②	③	④
16. Control your feelings.	①	②	③	④
17. Keep trying something until you succeed.	①	②	③	④
18. Tell yourself the truth.	①	②	③	④
19. Set goals for yourself.	①	②	③	④
20. Feel bad when you do bad things.	①	②	③	④
21. Obey school rules.	①	②	③	④
22. Help others when they need it.	①	②	③	④

HOW MUCH OF THE TIME DO YOU?

NONE **SOME** **MOST** **ALL**
of the of the of the of the time
time time time

- | | | | | |
|--|---|---|---|---|
| 23. Like to do what your friends want you to do. | ① | ② | ③ | ④ |
| 24. Be kind to others. | ① | ② | ③ | ④ |
| 25. Brush your teeth at least twice a day. | ① | ② | ③ | ④ |
| 26. Keep promises you make to others. | ① | ② | ③ | ④ |
| 27. Control your anger. | ① | ② | ③ | ④ |
| 28. Like to be with your parents. | ① | ② | ③ | ④ |
| 29. Say things to make others' feel good about themselves. | ① | ② | ③ | ④ |
| 30. Manage your time wisely (not waste it). | ① | ② | ③ | ④ |
| 31. Like to do well in school. | ① | ② | ③ | ④ |
| 32. Do what others want you to do, even if you don't want to. | ① | ② | ③ | ④ |
| 33. Try new things. | ① | ② | ③ | ④ |
| 34. Be creative. | ① | ② | ③ | ④ |
| 35. Develop your talents (things you are good at). | ① | ② | ③ | ④ |
| 36. Think about how others feel. | ① | ② | ③ | ④ |
| 37. Respect others. | ① | ② | ③ | ④ |
| 38. Make bad decisions. | ① | ② | ③ | ④ |
| 39. Try to be your best. | ① | ② | ③ | ④ |
| 40. Treat others the way you like to be treated. | ① | ② | ③ | ④ |
| 41. Solve problems well. | ① | ② | ③ | ④ |
| 42. Feel good about who you are. | ① | ② | ③ | ④ |
| 43. Read books to yourself. | ① | ② | ③ | ④ |
| 44. Admit your mistakes. | ① | ② | ③ | ④ |
| 45. Manage your money wisely. | ① | ② | ③ | ④ |

HOW MUCH OF THE <u>TIME</u> DO YOU?	NONE of the time	SOME of the time	MOST of the time	ALL of the time
46. Feel successful.	①	②	③	④
47. Like to be with your teachers.	①	②	③	④
48. Learn new things.	①	②	③	④
49. Tell others the truth.	①	②	③	④
50. Feel unhappy.	①	②	③	④
51. Feel optimistic.	①	②	③	④
52. Feel good about who you are and what you are doing.	①	②	③	④

The next set of questions are about the same behaviors, only this time we ask you how you feel about yourself when you do them.

B. HOW WOULD YOU FEEL ABOUT YOURSELF IF OR WHEN YOU ...?	VERY BAD	BAD	GOOD	VERY GOOD
1. Keep yourself clean.	①	②	③	④
2. Make good choices.	①	②	③	④
3. Take care of your belongings.	①	②	③	④
4. Do your homework.	①	②	③	④
5. Be a good friend to others.	①	②	③	④
6. Blame others for your mistakes.	①	②	③	④
7. Make yourself a better person.	①	②	③	④
8. Do good things.	①	②	③	④
9. Choose to eat fresh fruits and vegetables.	①	②	③	④
10. Work hard in school.	①	②	③	④
11. Like to be with your friends.	①	②	③	④
12. Make good decisions.	①	②	③	④

HOW WOULD YOU FEEL ABOUT YOURSELF IF OR WHEN YOU?

**VERY
BAD**

BAD

GOOD

**VERY
GOOD**

- | | | | | |
|--|---|---|---|---|
| 13. Do your chores. | ① | ② | ③ | ④ |
| 14. Do your own work. | ① | ② | ③ | ④ |
| 15. Like to do what your parents want you to do. | ① | ② | ③ | ④ |
| 16. Control your feelings. | ① | ② | ③ | ④ |
| 17. Keep trying something until you succeed. | ① | ② | ③ | ④ |
| 18. Tell yourself the truth. | ① | ② | ③ | ④ |
| 19. Set goals for yourself. | ① | ② | ③ | ④ |
| 20. Do bad things. | ① | ② | ③ | ④ |
| 21. Help others when they need it. | ① | ② | ③ | ④ |
| 22. Like to do what your friends want you to do. | ① | ② | ③ | ④ |
| 23. Be kind to others. | ① | ② | ③ | ④ |
| 24. Brush your teeth at least twice a day. | ① | ② | ③ | ④ |
| 25. Keep promises you make to others. | ① | ② | ③ | ④ |
| 26. Control your anger. | ① | ② | ③ | ④ |
| 27. Like to be with your parents. | ① | ② | ③ | ④ |
| 28. Say things to help others feel good about themselves. | ① | ② | ③ | ④ |
| 29. Manage your time wisely (not waste it). | ① | ② | ③ | ④ |
| 30. Like to do well in school. | ① | ② | ③ | ④ |
| 31. Do what others want you to do, even if you don't want to. | ① | ② | ③ | ④ |
| 32. Try new things. | ① | ② | ③ | ④ |
| 33. Be creative. | ① | ② | ③ | ④ |
| 34. Develop your talents (things you are good at). | ① | ② | ③ | ④ |
| 35. Think about how others feel. | ① | ② | ③ | ④ |

HOW WOULD YOU FEEL ABOUT YOURSELF IF OR WHEN YOU ...?

	VERY BAD	BAD	GOOD	VERY GOOD
36. Respect others.	①	②	③	④
37. Make bad decisions.	①	②	③	④
38. Try to be your best.	①	②	③	④
39. Treat others the way you like to be treated.	①	②	③	④
40. Solve problems well.	①	②	③	④
41. Feel good about who you are.	①	②	③	④
42. Read books to yourself.	①	②	③	④
43. Admit your mistakes.	①	②	③	④
44. Manage your money wisely.	①	②	③	④
45. Are successful.	①	②	③	④
46. Like to be with your teachers.	①	②	③	④
47. Learn new things.	①	②	③	④
48. Tell others the truth.	①	②	③	④
49. Are unhappy.	①	②	③	④
50. Are optimistic.	①	②	③	④
51. Feel good about who you are and what you are doing.	①	②	③	④

C. HOW MUCH DO YOU LIKE?

	DISLIKE			LIKE		
	A Lot	Some	A Little	A Little	Some	A Lot
1. Yourself.	①	②	③	④	⑤	⑥
2. Other students your age.	①	②	③	④	⑤	⑥
3. Younger students.	①	②	③	④	⑤	⑥
4. Older students.	①	②	③	④	⑤	⑥

HOW MUCH DO YOU LIKE?	DISLIKE			LIKE		
	A Lot	Some	A Little	A Little	Some	A Lot
5. Teachers.	①	②	③	④	⑤	⑥
6. Other adults.	①	②	③	④	⑤	⑥
7. School.	①	②	③	④	⑤	⑥

E. NOW WE JUST HAVE A FEW QUESTIONS ABOUT YOU.

PLEASE FILL IN THE CIRCLE FOR THE ANSWER THAT BEST DESCRIBES YOU.

1. Are you male or female? ① Male ② Female

2. What grades do you usually get in

- | | | | | | |
|--------------------|---|--------------------|---|--------------------|---|
| Mostly A's | ⑨ | Mix of B's and C's | ⑥ | Mostly D's | ③ |
| Mix of A's and B's | ⑧ | Mostly C's | ⑤ | Mix of D's and F's | ② |
| Mostly B's | ⑦ | Mix of C's and D's | ④ | Mostly F's | ① |

2. Are you Hispanic or Latino? NO ① YES ②

3. What race are you?

- | | | | |
|---------------------------|---|-------------------------------|---|
| White | ① | Other Pacific Islander: _____ | ⑤ |
| Black/African-American | ② | Japanese | ⑥ |
| Native American | ③ | Other Asian: _____ | ⑦ |
| Hawaiian Or Part-Hawaiian | ④ | Other: _____ | ⑧ |

4. How much did you like answering these questions? ① ② ③ ④

Disliked a lot	Disliked a little	Liked a little	Liked a lot
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THANK YOU VERY MUCH for answering all these questions.

Please hand in your survey to your proctor.